



DON'T MISS YOUR CHANCE

By Wade Younger, CSP

Recently I read the book, "The Secret." I also saw the video. It's great information and a very practical view of the law of attraction. Which, in my estimation, is about not only dwelling on, but also moving toward what you really want in life. As I pondered the line of reasoning behind "The Secret," it made me think about another principle that governs our life. The Principle of Polarity. The 180 degree law that reminds us that we are either moving forward or moving backward.

It is perhaps easier to grasp the principle of polarity by first looking at a subsidiary principle, the principle of relativity. The principle of relativity states that nothing can exist alone. It can only exist in relationship to its opposite. Up and down, wrong and right, simple and difficult only exist in relationship to one another. We cannot recognize joy if we have never known sadness, courage if we have never known fear, light if we have never experienced darkness. Well, that's not necessarily true. Take a look at a baby laughing or a little girl giggling out of joy. Did they have to be familiar with pain to understand joy? No. So this tells us that there has to be more to this principle.

What is it? There are never only two possibilities. The principle of polarity tells us that everything exists on a scale, and that there are an infinite number of points between the opposite ends. Darkness is a degree of less light, fear is a degree of less courage, sadness is a degree of less joy. Nothing is purely black or white. There are thousands of shades of gray in between. Therefore, the principle of polarity shows us that when we have a decision to make in our lives, we must not be caught up thinking there are only two possibilities. There are always more options if we look deeply enough or change our perspective. There is always a way out, or in.

Since everything exists on a spectrum, opposites exist within each other. Therefore, within any situation exist all possibilities of how that situation could play itself out. This means that within every problem lies its solution, within every failure lies its success. That makes sense, because a life's worth is not based on a single success or failure. We have to look at the entire body of work.

We do not recognize success when we have experienced failure. It is through failures that we develop the skill and knowledge to bring us to success. When we win, we party, when we lose we ponder. So failure is a great time to reassess and draw up a new plan.

A long time ago, before the Barry Bonds and Mark McGwire of the world, Babe Ruth held the world record for the most home runs, but rarely is it mentioned that he also held the world record for the most strikeouts!



We learn to make wise choices through the experience we gain by making poor choices. Ultimately, there is no such thing as a failure or a poor choice. There are just results. We just learned another way not to do it, realized another choice that will not take you there. In time, we will find the way that will take you there. Remember Thomas Edison. It took him 1,400 attempts to care the light bulb. And for him, it was not 1,399 failures. No, it was 1,399 lessons learned. Then he received is big, Tada! Then he was done.

The principle of polarity can be taken another step to realize that, if we train our minds properly most the possibilities and wisdom we need for our lives is already inside us. We just have to get to the level of consciousness where that wisdom is fully developed. To finally believe and trust that the journey begins inside, and the maps and tools we need for the trip are within us, will be a major paradigm shift.

In the same way that you explore self on every level, explore your life situations on their many levels to see where there is room for growth or shift. See your life circumstances from every possible perspective. Then you will see solutions within problems, gifts within challenges, opportunities within conflicts. Great riches lie within every life experience. Our challenge is to recognize them and get the most out of them. If you do this, you will go from watching the parade to marching in the parade.